



Summer Schedule (April-October)

	Member	Spouse	Dependents	1 Guest	2 or More Guests	Spouse Practice	Outside Groups
MON	10:00 a.m. Unrestricted	10:00 a.m. Unrestricted	Practice at 10:00 a.m.	Unrestricted All Day	Unrestricted All day	9:00 a.m.	After 1:00 p.m.
			10:00 a.m.				
TUE	Male 12:30 p.m.	Male 12:30 p.m.	Practice at 10:00 a.m.	Female until 12:30 p.m.	Female until 12:30 p.m.	Unrestricted	Head Professional's Discretion
	Female: 8:00 - 12:30 p.m. and after 1:30 p.m.	Female: 8:00 - 12:30 p.m. and after 1:30 p.m.	1:30 p.m.	Unrestricted after 12:30 p.m.	Unrestricted after 1:30 p.m.		
WED	Male 11:00 a.m.	Male 11:00 a.m.	Practice at 10:00 a.m.	Female until 11:00 a.m.	Female until 11:00 a.m.	Unrestricted	After 2:00 p.m.
	Female: 8:00 - 11:00 a.m. and after 1:00 p.m.	Female: 8:00 - 11:00 a.m. and after 1:00 p.m.	After 1:00 p.m.	Unrestricted after 11:00 a.m.	Unrestricted after 1:30 p.m.		
THUR	Male Unrestricted All Day	Male Unrestricted All Day	Practice at 1:30 p.m.	Male Unrestricted All Day	Male Before 11:00 a.m. After 1:30 p.m.	Male Unrestricted	Prohibited
	Female After 3:00 p.m.	Female After 3:00 p.m.	After 3:00 p.m.	Female After 3:00 p.m.	Female After 3:00 p.m.	Female 8:00 - 11:00 a.m. and after 1:30 p.m.	
FRI	Unrestricted	Unrestricted	Unrestricted	Unrestricted	Before 11:00 a.m. After 1:30 p.m.	Unrestricted	** 8:00 - 11:00 a.m. and after 2:00 p.m.
SAT	Unrestricted	Male Unrestricted All Day	Practice at 9:30 a.m. Unrestricted 3:00 p.m.	Unrestricted No Gender Restrictions	After 9:30 a.m. No gender Restrictions	Unrestricted	After 1:30
		Female 10:30 a.m.	10:30 a.m.				
SUN	Unrestricted	Male Unrestricted All Day	*7:30 a.m. All Others Unrestricted after 9:00 a.m.	Unrestricted No Gender Restrictions	After 9:30 a.m. No gender Restrictions	Unrestricted	Head Professional's Discretion
		Female 9:00 a.m.					

* Restricted to Dependents with an established GHIN Handicap of 24 or less

** No more than three (3) outside groups on the day before an Oregon home football game